



Dear everyone with a scientific and/or commercial interest in seaweed bioactives and health

4th announcement for 6th Seaweed for Health conference

June 16-19, 2026 in Dar es-Salaam with Fieldtrip to Zanzibar

🔥 **Abstracts can still be submitted until March 31**

💰 **Student travel grants are still available- please submit your application and receive 300 Euros**

😊 **How do you cook with seaweed, join our challenge?**

We warmly encourage you to submit an abstract on your latest research and join the global Seaweed for Health community in Tanzania Present your research and commercial results on seaweed for health (e.g. bioactives, optimization of cultivation and extraction of bioactives, applications and more). The new deadline for abstract submission is March 31. <https://seaweed4health.org/abstract-1>

Student travel grants – 10 × 300 €

To support student participation, we are offering **10 travel grants of 300 €** for the Seaweed for Health conference. In short you need to submit your abstract and also pay first and then get reimbursed.

Please see eligibility criteria and application details on the website:

<https://seaweed4health.org/registration/student-travel-grants>



Join Our Seaweed Recipe Challenge!

Seaweed cooking classes are the trademark of the Seaweed for Health conferences, and we would like to hear and see you recipes and cooking.

We need to eat the seaweed to feel the magic ✨

<https://seaweed4health.org/programme-2026/cooking-experience>

Field trip to Zanzibar – experience tropical seaweed farming

Our optional Friday excursion will take participants from Dar es-Salaam to the beautiful island of Zanzibar to visit coastal seaweed farms and meet local farming communities. This unique field experience offers first-hand insight into tropical cultivation systems, livelihoods, and value chains at the heart of the global seaweed sector. A relaxed local lunch will be included along the way, providing time for networking and exchange in an inspiring coastal setting.



Best prices-first come first serve

We have made really good deals for everyone, especially students. This is possible due to our sponsors, and especially due to our main sponsor **C-WEED MWANI**

You get even better prices if you are quick to register. Register [here](#).

First 25 **Regional local student, early bird** low cost EUR 100 (no accommodation included)

Student early bird EUR 200 (1 night accommodation included)

Student standard EUR 300 (1 night accommodation included)

Attendee early bird EUR 390 (until March 31) (1 night accommodation included)

Topics

Seaweed for human and animal health within: protein transition, dietary and gut microbiome, immunity, inflammation, cancer, vira, antioxidants, cosmeceuticals, nutraceuticals, functional ingredient, risk assessments, legislation and other barriers, and other topics

Sponsors and industry display

If you want to be an exhibitor or be a sponsor: logo on website or support the e.g. conference dinner, lunch, provide seaweed for the food, please contact Stefan Kraan: kraanska@hotmail.com

Venue

The venue will be at the Ramada Beach Resort, Dar Es-Salaam.

<https://www.ramadaresortdar.com/>



Important dates

Conference: Tuesday June 16: Reception in the evening, Wednesday-Thursday Conference incl. our trademark “the interactive cooking show”, and Friday optional tour to Zanzibar to visit a seaweed cultivation site.

March 31: Abstract submission deadline- link [here](#) f ASAP:

Notification of acceptance

Registration is open f March 31: Early bird deadline

Website

Please visit our website: www.seaweedforhealth.org

The seaweed vision and mission of S4H



We have a dream that seaweed will be known to everybody as the healthy part of our everyday life. Therefore, we are bringing together knowledge and experience to this international “Seaweed for Health” conference for research and business within nutraceutical, bioactive and pharmaceutical compounds in seaweed, and we hope that you will join us.

We look forward to welcoming you to Dar es-Salaam and Zanzibar for the inspiring days of science, seaweed and networking.

S4H steering committee: Susan L. Holdt (Denmark), Stefan Kraan (Ireland), Ditte B. Hermund (Denmark), Prannie Rhatigan (Ireland), José Lucas Perez (Spain), Leonel Pereira (Portugal)

<https://seaweed4health.org/organisation/the-international-steering-committee>